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ALREADY WITHOUT RYAN KESLER, VANCOUVER NOW HAS TO WORRY ABOUT INJURED DAVID BOOTH PAGE 21

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Tuesday, January 15, 2013

News worth sharing.

Protest rocks site of city's pipeline hearings

Northern Gateway.

As proceedings begin, BCCLA takes issue with public's exclusion

About 400 protesters banging cow bells and drums, shouting, and blowing whistles shook the Sheraton Wall Centre Monday night, as the first Vancouver speakers to address the panel evaluating the proposed Northern Gateway pipeline echoed their sentiments four storeys above.

Sgt. Randy Fincham with the Vancouver Police Department said the crowd was entirely peaceful, but activists were barred from entering the hotel where the Joint Review Panel was listening to statements by nearly 40 police and emergency workers.

B.C. Civil Liberties Association (BCCLA) executive director Joshua Paterson, who was third in line to address the panel, said the public's exclusion from the proceedings is a potential violation of the open-court principle.

"The open-court principle is enshrined in our Constitution. It says that courts and tribunals like the National Energy Board have to be open to the public," he said.

"It doesn't just mean that the public has to be able to know what went down. They actually have to be able to physically be present in the room."

A public viewing area with a live feed of oral statements was set up at the nearby Renais-

sance Vancouver Harbourside Hotel, similar to one used during hearings last week in Victoria, but Paterson said no such steps are expected to be taken in Kelowna, another big city that has seen pipeline protests, where the panel is headed next.

About 330 speakers registered months in advance to give statements in Vancouver from Jan. 14 to Feb. 1 as part of ongoing hearings mandated by the federal minister of the environment and the National Energy Board (NEB).

Paterson said the BCCLA sent a letter to NEB executives early Monday arguing it must have evidence of a real threat in order to justify excluding the public from the proceedings. NEB spokeswoman Kristen Higgins said no one would be available to comment on the BCCLA's letter until Tuesday.

Andrew Brown, an urban planner, told the panel that the potential for the irreversible destruction of various fisheries in B.C. if the pipeline from Alberta to Kitimat goes forward "cannot be overstated."

Earlier in the day, NGOs and First Nations activists installed a nine-metre-long sculpture they named Hope the Whale at the corner of Burrard Street and Nelson, which was lit up at night with messages from British Columbians opposing the pipeline.

Oral statements are one of three ways the NEB is facilitating public participation in the review-panel process, along with letters of comment and granting intervenor status to certain groups. **KATE WEBB/METRO**



Protesters demonstrate against Enbridge's Northern Gateway pipeline, Monday, in Vancouver. DARRYL DYCK/THE CANADIAN PRESS



Did Lance drink Oprah's truth serum?

One insider says the former Tour de France champion has spilled the beans on drug use in an interview with the queen of daytime TV PAGE 22



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Hoping it will be your year for love? Could be. Check out Match.com's predictions PAGE 14



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Port Moody

Police get a meaty surprise

Port Moody police found a suitcase filled with 100 pounds of meat on a sidewalk and now they're looking for the owner.

Officers received a report of an abandoned suitcase at around 10:45 p.m. Sunday outside of an apartment at 2010 St. Johns St.

When they opened the case, they found more than 100 pounds of various packaged, frozen meats, spokesman Const. Luke van Winkel said.

"Most likely (someone) went rummaging through someone's outside deep-freeze, gathered up the meat into an old suitcase and rode off. The meat either fell off, or the person may have gotten startled and dropped it."

"In the long run it's probably best that they dropped it," he added. "Some of the beef had best-before dates of 2004, the prime rib was well past its prime."

PHYLICIA TORREVILLAS/METRO

Waldorf Hotel

Glee star sings hotel's praises

Glee star and Victoria-native Cory Monteith is lending his voice to saving the Waldorf Hotel.

The 30-year-old actor took to his Twitter account Sunday urging his fans to sign an online petition to save the East Vancouver cultural hub.

"The @waldorfhotel, a cultural bastion for the city of Vancouver, is in imminent danger of being turned into condos. Sign the petition!" Monteith tweeted.

As of Monday morning, the petition has attracted 15,266 signatures. Mayor Gregor Robertson has asked staff to look at ways to protect the hotel.

PHYLICIA TORREVILLAS/METRO



Word to your driver ... Ice, ice baby

Black ice and slippery conditions closed streets and delayed transit Monday, causing headaches for commuters during their morning drive. The City of Vancouver rolled out 20 trucks to salt and sand roads. Buses were stuck on 41st Avenue between Main and Fraser streets and were unable to get into Nanaimo, Joyce and 29th Avenue SkyTrain stations, leaving riders stranded. JENNIFER GAUTHIER/FOR METRO

Nearly 200 people air views on casino

Public hearing. Speakers at the marathon session on the controversial South Surrey casino were split almost evenly



EMILY JACKSON
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The odds were tipped slightly in favour of the proposed South Surrey casino at a marathon public hearing Monday night.

Of the 182 people signed up to speak by 8 p.m. on the

controversial \$100-million casino and entertainment complex's application for a gaming licence, 112 supported the project.

But both sides came out swinging, with multiple speeches attracting loud applause and prompts from Mayor Dianne Watts to keep the process moving.

"It is much more than a casino," Surrey Board of Trade CEO Anita Huberman said, voicing her support for the project's "gateway for business."

One labour union representative, as well as executives from construction company PCL, grocery store Planet Organic, and a steel business

commended the project for the jobs and growth it would bring to the region.

BCLC executives said there will be resources for problem gamblers and cited research that casinos don't bring more crime or gambling addictions, though many opponents presented contrary research.

Fierce naysayers to the casino, including three Grade 11 students from Semiahmoo Secondary School and a mother of two, seemed to receive the loudest cheers. They opposed the location in a residential, not industrial, zone and didn't want to boost problem gambling, gangs and money launderers

in the community.

Dairy and turkey farmer Peter Malowney said the project would have poor optics for South Surrey and make it look like "every other money-grubbing, tawdry town" along the border. The proposed site is some of the richest land in the world, he said.

"It's a parasitic enterprise — this is not the kind of thing we want, not only in our community, but in Surrey," Malowney said.

Council had not yet approved or denied the licence by the time Metro went to print. Council had the option to make a decision Monday night or to delay its decision to a later date.

1 NEWS

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Surrey shooting victim identified

Known to police.

Cops say a targeted shooting led to death of Manjot Dhillon, 27



PHYLCIA TORREVILLAS
phylcia.torrevillas@metronews.ca

A 27-year-old man, one of three people dead following

two separate shootings in Surrey Sunday evening, has been identified.

Surrey resident Manjot Dhillon was found shot in the area of 168th Street and 76th Avenue just before 7 p.m.

He was rushed to hospital, but died just after 11:30 p.m.

Sgt. Jennifer Pound, with the Integrated Homicide Investigation Team, said it was a targeted shooting and Dhillon was known to police.

Just before midnight, police were also called to a parkade in the 9400-block of 128 Street where they found two men shot to death.

Those victims have not yet been identified and a motive has not yet been determined.

"At the time of the 911 calls coming in to Surrey RCMP, a vehicle was seen fleeing erratically from the area North on 128th Street," Pound said in a release. "The

Tips

- Anyone with information about the parkade homicide is asked to call 1-877-551-IHIT (4448) or email at ihittipline@rcmp-grc.gc.ca.

vehicle is described as a green SUV or pick-up truck towing a box utility trailer."



John Slater

B.C. Liberals won't let MLA run in election

The B.C. Liberal Party is refusing to let backbench politician John Slater seek a second term for the Liberals in the May election.

In a statement issued today, the party says it will not approve Slater's candidacy in his Boundary-Similkameen riding.

Party president Sharon White says Slater's candidacy has not been approved because of his personal issues and the party feels those issues would impact his ability to represent the Liberals.

White's statement does not identify the personal issues, but it says Slater told the party last month he would not seek re-election, and only recently changed his mind. **THE CANADIAN PRESS**

Prince George

Boy, 14, charged in 'disturbing' sexual attack

A 14-year-old boy has become the seventh person charged in a brutal sexual attack on a young man in Prince George last week.

The boy is accused of aggravated sexual assault, aggravated assault and unlawful confinement in the attack on Jan. 7, in which a teenaged victim was beaten and sexually assaulted before being found in a snowbank.

A second boy was also assaulted in the incident.

Four other juveniles are facing similar charges, along with two adults — 18-year-old Hayden Alwood and 20-year-old Mercedes Jewett.

Police called the luring and attack "disturbing." **THE CANADIAN PRESS**

High hopes. Liberal leadership candidate wants to legalize pot

Federal Liberal leadership candidate George Takach promises to legalize marijuana if he were to become prime minister.

The Toronto technology lawyer, currently without a seat in parliament, called himself the candidate of "facts, evidence, and enhancing rights."

"I don't support cannabis use in any way. Nor do I support tobacco use. But I do live in the real world," he said during a sparsely attended talk at Simon Fraser University's Harbour Centre Monday morning. "We must stop banging our heads against the wall."

Takach said marijuana prohibition emboldens criminals and gangs and wastes police resources. He said that the best solution is to legalize the drug, and that legalization is what Canadians want.

"Canadians are way ahead of our government," Takach said.

Takach called for a free-market approach to marijuana



George Takach LIAM BRITTEN/FOR METRO

production and sales, but emphasized that authorities would tax sales and monitor sellers for safety, compliance with labelling laws and to ensure they are not selling to minors.

He attacked the government's record on drug policy as failed, and the NDP's for being inconsistent.

LIAM BRITTEN/FOR METRO

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Space. View of Vancouver is out of this world: Hadfield

Canadian astronaut Chris Hadfield has been tweeting up a storm with his surreal photos of Earth from orbit since his arrival in the International Space Station in December.

But the Canadian recently snapped an out-of-this-world shot of Vancouver and Victoria and shared it to his more than 210,000 followers.

"The first shot of Vancouver, BC, where the Fraser flows into the sea. A beautiful city," he tweeted Sunday.

The photo shows a clear view of Vancouver on a sunny day.

He also shared what Victoria looks like from a high-vantage point.

"Here's Victoria, B.C.," he tweeted. "Have tea at the Empress and take time to walk



A photo of Vancouver taken by Canadian astronaut Chris Hadfield from the International Space Station. TWITTER/CHRIS HADFIELD

through Butchart Gardens."

The Canadian Space Agency commander, on a five-month mission aboard the space station, has turned into a Twitter darling for tweeting photos, sharing his day-to-day activities, and answering questions from students to celebrities.

PHYLICIA TORREVILLAS/METRO

Ministry of Health

Stolen info used for research: Review

An internal review by B.C.'s Ministry of Health over unauthorized use of personal health information has found "minimal, if any, risk of inappropriate use" by employees. **METRO**

North Vancouver

Man faces robbery charges

An alleged North Vancouver bank robbery on Thursday morning yielded the arrest of a 42-year-old North Vancouver man, who is known to police, 12 hours later. **METRO**

Dix petitions Liberals to stop 'partisan' ad spending

Tax money. Premier Clark justifies actions, says ads 'drive consumer confidence and consumer spending'



EMILY JACKSON
emily.jackson@metronews.ca

NDP Leader Adrian Dix wants to put an end to the "partisan," taxpayer-funded Liberal ads he keeps seeing while watching Sunday night football.

Dix launched an online petition to stop the B.C. Liberal party from paying for its "pre-election ad campaign" with public money, a practice that won't continue if the NDP is elected, he said to reporters on Monday.

The Liberals have spent at least \$15 million from a contingency fund on the jobs plan ad campaign, Dix said, adding that the level of spending is unprecedented.

"It's really quite insulting to the voters, ultimately, when a government spends money



If the NDP wins the provincial election, it won't spend public money on partisan ads, party leader Adrian Dix told reporters in Vancouver on Monday. EMILY JACKSON/METRO

like this at a time when resources are scarce," Dix said. "It's time to send a clear message to the Liberal government — that British Columbians want them to use tax dollars to make B.C. a better place, not to serve the Liberals' desperate attempts to cling to power."

And the messages promot-

ing B.C.'s skills-training programs and jobs growth have been misleading, Dix said.

Dix offered no specific details on how his government would ensure no public money was spent on such ads, but emphasized it would not.

In a December interview with Metro, Premier Christy

Clark defended the ad spending. "It's important that British Columbians know our economy is going really well, it drives consumer confidence and consumer spending," she said. "I want to make sure that people here are better informed about what's going on."

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Second suspect in Indian gang-rape case claims to be a minor

One of the five men charged with gang-raping and killing a 23-year-old student on a bus in India's capital is a minor, his lawyer said Monday as he demanded an age test in what could be a tactic to delay the case from being tried in a fast-track court.

Manohar Lal Sharma, the lawyer for Mukesh Singh, said at a court hearing that

his client is under 18 and that police documents indicating Singh is 26 had been "manipulated."

"If you could just see his face, he is only a child," Sharma told The Associated Press. He said Singh had added several years to his age to get a driver's licence.

The five charged in last month's attack in New Delhi

face a possible death penalty if convicted. A sixth suspect says he is 17 years old and, if tried as a minor, would face a maximum sentence of three years in a reform facility.

Last week, Sharma made a series of inflammatory and contradictory statements, saying that police had beaten the five charged suspects and placed other prisoners with

knives in their cells.

The case was expected to be shifted to a fast-track court Monday to avoid the delays that plague most trials in India. But the court addressed only procedural matters and paperwork at the hearing.

The next hearing was scheduled for Thursday.

THE ASSOCIATED PRESS



Shawn Atleo is taking a "brief" leave from his job as head of the Assembly of First Nations, under doctor's orders. ADRIAN WYLD/THE CANADIAN PRESS

First Nations national chief ill amid crisis

Shawn Atleo. Leader has endured intense meetings, media scrutiny and criticism from other chiefs

A sudden medical leave announced Monday by the head of Canada's largest aboriginal organization will delay — but not derail — pivotal talks between First Nations and Stephen Harper, says Aboriginal Affairs Minister John Duncan.

"No one has got certainty for when the national chief will return, but I took it that it would be at least two weeks away," Duncan said. "But we were thinking ... it would be at least that long before any further meeting got underway."

In an interview with The Canadian Press, Duncan said there's little hope a one-on-one meeting between Harper and Assembly of First Nations National Chief Shawn Atleo can still take place by Jan. 24 — a date floated during their contentious meetings last week.

Atleo announced Monday that his doctor has ordered him

to take a "brief" sick leave despite the AFN being in the midst of a crisis, with some chiefs and First Nations citizens questioning the group's authority.

Atleo came down with the flu before Christmas and never had a chance to beat it, said Jody Wilson-Raybould, the regional chief for British Columbia.

In a statement, Atleo said the trials of the past two weeks simply caught up with him.

He has been the target of much criticism for agreeing to meet with Prime Minister Stephen Harper last week.

Atleo managed to pull together a consensus on topics for future discussion. But he was not able to persuade Harper to have Gov. Gen. David Johnston attend — a key demand of a faction of chiefs, including fasting Attawapiskat Chief Theresa Spence.

Several leading chiefs said the assembly should have refused the meeting because it didn't take place on their terms and on their turf. Chiefs from several provinces and territories boycotted the meeting and instead protested outside the Prime Minister's Office.

THE CANADIAN PRESS

Canadian War Museum

Veteran vandalism brings charges

Two men are facing charges in vandalism at the Canadian War Museum in Ottawa this past summer.

Police say the pair spray-painted a swastika and an offensive message on a Royal Canadian Air Force plane on Aug. 27.

Police have charged Joel Lendore and Simon Los, both 22. THE CANADIAN PRESS

Mali, West Africa

Canadian plane on anti-terror run

Canada is sending one of its C-17 military cargo planes to deliver supplies to the capital of Mali after a request from France.

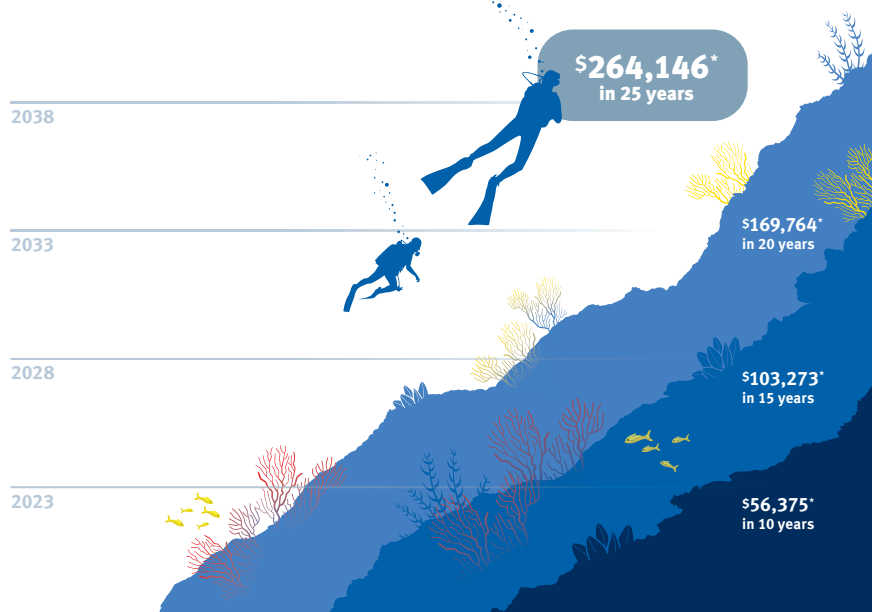
An al-Qaida-linked group has seized the northern part of Mali and is advancing south.

The C-17 has been committed for only a week. THE CANADIAN PRESS



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Not guilty ruling 'vindication' for ex-Nortel brass

Fraud trial. Judge says he's not convinced that executives 'deliberately misrepresented' finances at telecom company

The former top executives at Nortel Networks said they finally got "vindication" Monday after being found not guilty of fraud, nearly a decade after being accused of manipulating financial records at the fallen Canadian technology giant.

Ontario Superior Court Justice Frank Marrocco acquitted ex-CEO Frank Dunn, ex-CFO Douglas Beatty and ex-controller Michael Gollogly because he was "not satisfied" the evidence showed the men had "deliberately misrepresented" the finances at the

now-defunct telecom company in 2002 and 2003. "The criminal trial is based on evidence," he told a Toronto courtroom. "The decision I make is based on that evidence and nothing else."

Following the not guilty verdicts, the former executives jumped to their feet to hug family members and their lawyers.

Dunn, Beatty and Gollogly each had faced two counts of fraud — one count of defrauding the public and one count of defrauding Nortel Networks Corp.

The Crown had alleged that the men participated in a book-cooking scheme designed to trigger \$12.8 million in bonuses and stocks for themselves while they were at the helm of Nortel. They were fired from the beleaguered firm in 2004. All three had pleaded not

Market Minute

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Natural gas: \$3.38 US (+5¢)
Dow Jones: 13,507.32 (+18.89)

guilty to the charges.

In a statement, Dunn, the former head of Nortel, said he was "grateful to have received vindication."

THE CANADIAN PRESS



A skyscraper, a cauldron and a ketchup bottle: London museum unveils design-prize finalists

Newly built tower The Shard, right, looms over central London in this July photo. The tower, which at 310 metres high is Britain's tallest building, has been nominated for a major design award along with the 2012 Olympic cauldron and a non-stick ketchup bottle. On Monday, London's Design Museum announced contenders for its Designs of the Year prizes in seven categories including architecture, fashion, transport and digital media. THE ASSOCIATED PRESS FILE



180 low and no-calorie choices

This frame grab is from a new commercial from Coca-Cola, in which the Atlanta-based company tries to weigh in on the growing controversy over soft drinks' effect on health. THE ASSOCIATED PRESS

Coca-Cola tackles obesity debate in U.S. ads

Coca-Cola became one of the world's most powerful brands by equating its soft drinks with happiness. Now it's taking to the airwaves for the first time to address a growing cloud over the industry: Obesity.

The Atlanta-based company on Monday will begin airing a two-minute spot during the highest-rated shows on CNN, Fox News and MSNBC in hopes of flexing its marketing muscle in the debate over soft drinks

and their impact on public health.

The ad lays out Coca-Cola's record of providing drinks with fewer calories and notes that weight gain is the result of consuming too many calories of any kind — not just pop.

For Coca-Cola, the world's No. 1 beverage company, the ads reflect the mounting pressures on the broader industry. Later this year, New York City is set to enact a first-in-the-nation

Quoted

"It looks like a page out of damage control 101. They're trying to disarm the public."

Michael Jacobson, executive director of the Center for Science in the Public Interest

cap on the size of soft drinks sold at restaurants, movie theatres and sports arenas.

New research in the past year also suggests sugary drinks cause people to pack on the pounds independent of other behaviour.

A decades-long study involving more than 33,000 Americans, for example, suggested drinking sugary beverages interacts with genes that affect weight and enhances a person's risk of obesity beyond what it would be from heredity alone.

THE ASSOCIATED PRESS

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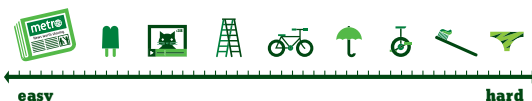
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WHAT WORKOUT IS RIGHT FOR YOU?



SHE SAYS...
Jessica Napier
metronews.ca

We're two weeks into the new year and I'm sure many of you have resolved that 2013 is the year you're going to get fit. And hey, if you've actually managed to stick with it so far, then good for you!

But with so many exercise-themed daily deals showing up in your email inbox every morning, it can be hard to know where to begin. Consider this a Coles Notes guide to some of the different workout options available to all those determined resolution-makers out there.

1. Spinning. There's nothing quite like cycling away your sins for 45 minutes on a stationary bike in a dark room surrounded by sweaty bodies and loud music thumping in your ears. It's kind of like burning calories in a nightclub except you're pedalling instead of grinding and that water you're chugging doesn't have any vodka in it.

New year, new workout

While there are many different varieties of yoga, they all involve contorting and holding your body in a sequence of postures that will test your endurance and flexibility. Before you hit the mat, recognize that you'll have to be able to take yourself seriously while posing like a tree.

ing exercises. While there are many different varieties of yoga, they all involve contorting and holding your body in a sequence of postures that will test your endurance and flexibility. Before you hit the mat, recognize that you'll have to be able to take yourself seriously while posing like a tree.

4. Ballet Barre Workout. If you've ever dreamed about a long, lean dancer's physique, then a ballet-inspired fitness class is a good place to start. You might feel a little more Ugly Duckling than Black Swan as you attempt to plié while performing bicep curls with a weighted ball, but stick with it long enough and you'll end up toned and sculpted and maybe even a little more graceful.

5. Running. What's not to love about running? It helps to improve both physical and mental health, it's cheap (once you've invested in a decent pair of shoes), and since it's a solo endeavour you can avoid all of those annoying January Joiners that tend to crowd up other workout classes at this time of year. Pounding the pavement is best experienced when there is actual pavement involved, so forget treadmills that do half the work for you and head outside.

Follow Jessica Napier on
Twitter @MetroSheSays



LPGA player In-Kyung Kim, right, poses in a yoga position in San Diego. Before you ditch your new year's resolutions, consider your options.
EVORK DJANSEZIAN/GETTY IMAGES

This will ruffle some feathers



TIM FLACH

Cock-a-doodle-doo

Animals' human side laid bare

You may think this rooster has just been plucked but for considerable economic, and potentially environmental, benefits, it has been specially bred by humans to be featherless. In his new book, *More Than Human*, British photographer Tim Flach explores the striking relationships and similarities between humans and animals. **METRO**

Q and A

The skin-ny on this yardbird



TIM FLACH
Photographer

Your book *More Than Human* looks at intimate portraits of animals. What is the main idea behind it?
Through my photos, I

want to spark a debate and raise questions on how we, human beings, shape nature, and conversely how it shapes us. In this regard, I want my photos to go beyond being pretty.

So you invite us to think about how we perceive animals?

Yes, precisely. Let's take the featherless chicken, one of my favourite im-

ages from the book. It's bred by Prof. Avigdor Cahaner of Hebrew University of Jerusalem, drawing on a naturally occurring recessive mutation that eliminates feathers. The bird doesn't need to be plucked, which saves money in processing. It provokes a discussion on how we know the animal: In supermarkets, we see them dead, wrapped in cling film. **METRO**



Twitter

@ohhsnaplild:

Fair warning In 5 days I will be filling my newsfeed with #NHL #Canucks updates! This is your opportunity to unfollow me.

@_kevinoke:

Kesler just came on the ice as practice was wrapping up and got a big cheer from the crowd #canucks

@blackhawks_suck:

Jim Vandermeer and Cam Barker... watch out Western Conference,

#Canucks are #CupBound

@CoryMonteith:

I know everyone is watching the globes, but this place is really special and Vancouver has enough condominiums. #savethewalldorf

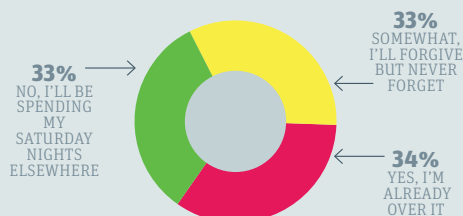
@DrMoirastilwell:

We're making progress, and continue to improve supports for people with developmental disabilities in BC <http://ow.ly/gNHWA>



Register at metropolitanpanel.ca
and take the quick poll

Are you willing to forgive the NHL for the lockout?



A woman in business attire (black blazer, grey skirt, yellow belt) is walking through a bright green doorway. Inside the room, three people are practicing yoga in a large, bright studio with large windows. They are in a side angle pose on mats. The woman is carrying a blue bag and a water bottle.

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DVD review

Taken 2

Director. Olivier Megaton

Stars. Liam Neeson, Famke Janssen, Maggie Grace

People will call this a quick-buck sequel to Taken, the surprise hit of 2009, and these people are absolutely correct. Directed by Pierre Morel, Taken took in \$225 million in worldwide box office on an investment of \$25 million. No surprise then that unsubtle producer/writer Luc Besson decided to hit up the cash register a second time, hiring director Olivier Megaton for the outing. And the first thing to be kidnapped in Taken 2 is logic. Despite a ludicrous script by Besson and co-writer Robert Mark Kamen, Liam Neeson manages to keep a straight face while reprising his role of avenging ex-CIA dad Bryan Mills. In the first Taken, Mills had to rescue his teenage daughter from Albanian sex traffickers. In Taken 2, it is Mills and his lovely ex-wife, Lenore (Famke Janssen), who are kidnapped. At age 60, Neeson still has formidable action chops and heroic form, and manages to propel the film through a sequel so silly that it seems like a Mad magazine parody of the original.

PETER HOWELL



American Idol judges Mariah Carey and Nicki Minaj both claim they are now getting along. THE ASSOCIATED PRESS

Idol judges won't sing about feud rumours

Putting it in the past. Judges Mariah Carey and Nicki Minaj are vague on differences, but agree they wouldn't aim to be Idols



NED EHRBAR
Metro World News in Hollywood

You might have heard that new American Idol judges Mariah Carey and Nicki Minaj haven't exactly been getting along. That they've been "feuding," even. Well, Carey and Minaj have heard it, too, and they're bored by the reports. "This is a very passionate panel. I think

there are a lot of strong personalities," Carey says. "Starting this process, I felt like it was a possibility that there could be differences of opinions. The fighting is what it is. This is American Idol. It's bigger than all that. It's bigger than some stupid, trumped-up thing."

While talk of discord might make for good gossip reporting, it's not good for the show itself, Carey explains. "The whole thing is convoluted," she says. "It's a distraction from the show. It's a distraction to the contestants, and I think it's unfair to them. It should be about the contestants."

But how are the two getting along now? Carey insists that "time heals all wounds" and that the whole disagreement "was sort of one-sided," a con-

tention with which Minaj begs to differ. When asked what they did to put an end to any feuding, Minaj goes for a joking response, saying, "I put out a sex tape." But Carey is much more blunt: "I did nothing, and here we are."

Feud or no feud, the new judges can at least agree on one thing: Neither of them would've tried out for Idol themselves had it been an option. "I personally would never have wanted to do this type of show — no offence to the show at all, but I've said that since I first heard about the show," Carey says.

"I had to learn in front of the world how to just be and be on TV and sing. It's sort of like what these kids do, only at that time it was like the Arsenio Hall

Show, and that would be like, 'Here I am! It was very tough.'"

For Minaj, her reticence to be a contestant goes beyond just herself. "I definitely don't think a rapper should be in this competition. Rap and hip-hop are completely different from American Idol," she explains.

"With singing, people do not care what you've necessarily gone through. If it's a great song, they're going to love it. I would never go on a show like this as a rapper, and I wouldn't encourage anyone else to come on as a rapper. I don't think it's authentic and I think if you really look for people to believe you and see you as an authentic rapper, you wouldn't do it. It's definitely not a rap competition."

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Jodie Foster's Golden Globes speech decoded



NED EHRBAR
Metro World News in Hollywood

Jodie Foster, who received the Cecil B. DeMille Award for her 47-year-long career in Hollywood, offered an acceptance speech that has left audiences and critics baffled, outraged and inspired in equal measure. The overall message was unclear. Was she officially coming out? Did she announce her retirement

from acting and directing? What does she have against Honey Boo Boo? It didn't help matters that the audio cut out at a crucial moment as she discussed "a big coming out speech." So what did the ramble actually mean? We set out to decode it:

"I guess I have a sudden urge to say something that I've never really been able to air in public. So, a declaration that I'm a little nervous about but maybe not quite as nervous as my publicist right now, huh Jennifer? But I'm just going to put it out there, right? Loud and proud, right? So I'm going to need your support on this. I am single. Yes I am, I am single. No, I'm kidding, but I'm not really kidding."

TRANSLATION: I recognize your hunger for a big confession from me, and for that I am going to mess with you.

"Now I'm told, apparently, that every celebrity is expected to honour the details of their private life with a press conference, a fragrance and a prime-time reality show. You know, you guys might be surprised, but I am not Honey Boo Boo Child. No, I'm sorry, that's just not me. It never was and it never will be."

TRANSLATION: I am going to equate being upfront about your sexuality with the more tasteless and tacky aspects of our reality TV culture, no matter how damaging it may be for young gays and lesbians to see a successful public figure refuse to say the word "lesbian."

"There is no way I could ever stand here without acknowledging one of the deepest loves of my life, my heroic co-parent, my ex-partner in love but righteous soul sis-

ter in life, my confessor, ski buddy, consigliere, most beloved BFF of 20 years, Cydney Bernard. Thank you, Cyd. I am so proud of our modern family."

TRANSLATION: I was in a long-term relationship with a woman, and we have two children together.

This is not necessarily news, but it's the first time I've acknowledged her in front of television cameras.

"This feels like the end of one era and the beginning of something else. Scary and exciting and now what? Well, I may never be up on this stage again, on any stage for that matter."

TRANSLATION: It's difficult not to feel you're in some moment of transition when an organization gives you a lifetime achievement award, even if you're only 50 years old.

Brace yourself for another breakup tune

Consider this fair warning, Harry Styles. In the wake of her split from the One Direction member, Taylor Swift posted this ominous message to her Twitter account: "Back in the studio. Uh oh..." Swift has made a career of penning autobiographical tunes of heartbreak, often embarrassing ex-boyfriends like John Mayer and Jake Gyllenhaal. And a Styles number may be a doozy, as Swift was reportedly left heartbroken by the Brit, who dumped



Taylor Swift

her during a Caribbean vacation because he said she's "asexual and wouldn't put out," a source tells Radar Online.

Twitter



@TheRealRoseanne

Ben Affleck is a moronic large sweaty headed blowhard.



@EmmaBunton

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This turning down the role of Lincoln is just going to keep kicking my ass isn't it?!



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3
LIFE

Kelly Osbourne on losing weight, gaining confidence

Interview. The young starlet speaks to Metro about how she got motivated and transformed her life

ROMINA
MCGUINNESS
life@metronews.ca

After appearing on Dancing with the Stars in 2009, you lost 70 pounds, going from a size 14 to a size 2. Which body part were you most excited to rediscover?

For me, because of my family's history with cancer, my mum is always like, have you checked your boobs? One day, I was doing a breast self-examination and found this lump. So I went to the doctor and he said, "Kelly, that's your rib!" I was like, "Oh my God, I have a rib!"

Which part did you go from hating to loving?

My legs. I didn't realize how much muscle I had underneath the fat, and (I have) some pretty toned legs. Now, athletes always come up to me and say, "You've got great legs." Men like big calf muscles on themselves, so when they see it on a girl they like it.

All girls have fat days. How do you cope with yours?

Growthspurt

"I got taught proper posture through dancing, yoga and Pilates and I actually grew an inch. I'm now five foot two."

Kelly Osbourne



Kelly Osbourne lost 70 pounds and transformed her life. HANDOUT

I look at old pictures of myself. I know this sounds really narcissistic, but I don't mean it that way — it helps me see how far I've come and where I don't want to go again. It gives me that kick in the butt to get in the gym or call up a friend and say, "I'm having a fat day."

How do you feel when you see old photos of yourself?

It's a mixture of a million emotions. It makes me feel

really sad that I let myself get like that. It was my own doing.

I made myself that way because I was scared.

Scared of what?

Of myself and what I was capable of. Being famous for really not doing anything and having the entire world judging you.

But now I'm 28 years old and I see it as a learning curve.

Can you imagine some people saying: The new Kelly is boring. There's a lot of stylish, good-looking women out there, so why do we need one more without edge?

I say, "f— you" because if you want to watch a train wreck, there are other Hollywood starlets doing that for you. I want to be a dignified grown-up.

I'll always be me. I'm just not an asshole anymore.

Bonus round

On her brother Jack

How did you react when you found out your 26-year-old brother, Jack, had multiple sclerosis?

Are you crazy? He's my baby brother, how do you think I reacted? It's like it's not there. He doesn't want to be treated like a sick person, because he's not sick. It's not a death sentence. He's got a very military state of mind so he looks after himself, eats very healthy and works out every day.

Did it affect the way you value life?

I've dealt with my mom almost dying of cancer, my dad almost dying in a bike accident and now my brother has MS. There's nothing they can tell me I can't deal with. It's not like you have a choice, it's life.



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Fingerling potatoes with salmon raise profile of apps



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Fingerling potatoes are the newest trend for appetizers and side dishes at parties and restaurants.

They're a great twist on the standard potato. Most large supermarkets and fruit and vegetable shops carry fingerlings.

If you can't find them, use small white potatoes for these Fingerling Potatoes with Herbed Cheese and Smoked Salmon.

1. Preheat the oven to 425 F. Line a baking sheet with foil and spray with cooking oil.

2. Slice the fingerling potatoes in half lengthwise and place skin side down on the baking sheet. Spray them with cooking oil. Bake the potatoes approximately 30 minutes or just until they are tender. Place on a serving dish.

3. Using a small food processor or a whisk, mix both the cheeses with the garlic and vegetable until smooth. Stir in the dill.

4. Place a dollop of the mixture on top of each potato and sprinkle with the diced salmon. Serve while still hot.

ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN.

Ingredients

Prep time: 10 minutes
Cook time: 30 minutes

- 8 fingerling potatoes
- 2 tbsp light cream cheese
- 3 tbsp goat cheese

- 1/2 tsp crushed garlic
- pinch freshly ground black pepper
- 1 tbsp chopped fresh dill
- 2 oz smoked salmon, diced

Two-Potato Pancake. Tender meets crispy



1. Fill bowl with ice water. Using medium holes on box grater, grate all potatoes, add to ice water and set aside. Use fine holes on grater to grate onion.

2. Drain potatoes well, squeezing out as much water as possible. In bowl, combine potatoes with onion. Squeeze again to remove as much moisture as possible. To do this, grab mix, a handful at a time, squeeze over the sink and transfer to a dry bowl. When all of mix has been squeezed, add eggs, flour and a bit of salt (start with 1/2 teaspoon.) Mix well and set aside.

3. In a large, deep sauté pan over medium-high, heat about 1/4 inch peanut oil to 360 F. To test oil, drop pinch of flour into oil. If ready, flour should sizzle and brown almost immediately. While oil heats, set wire rack over rimmed baking sheet. Heat oven to 350 F.

4. Working in batches and using 3 tablespoons of potato mix per pancake, drop batter into oil. Do not crowd pan. Flatten each with spatula and fry

for 4 mins. per side, or until golden and crisp. As you fry, you may need to add oil to pan. Return to temperature between batches and additions of oil.

5. As pancakes finish, transfer to wire rack. Once all pancakes are fried, place them (rack and baking sheet) in oven and heat 5 mins., or until warmed through. To serve, sprinkle lightly with salt and accompany with sour cream and applesauce. **THE ASSOCIATED PRESS/ELIZABETH KARMEL, GRILLING AND SOUTHERN FOODS EXPERT AND AUTHOR OF SOAKED, SLATHERED AND SEASONED.**

Ingredients

- 2 lbs baking potatoes (such as russet), peeled
- 1 medium sweet potato (about 1/2 lb), peeled
- 1 small yellow onion
- 2 large eggs
- 2 tbsp all-purpose flour
- Kosher or sea salt
- Peanut oil, for frying
- Sour cream, to serve
- Applesauce, to serve



This recipe serves eight. LORELLA ZANETTI, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

Health Solutions

Casserole reprise



NUTRI-BITES
Theresa Albert, DHN, RNC
myfriendinfood.com

Call it a casserole and it's relegated to the '50s, but call it a "strata" or a "bake" or a "pie" and suddenly it's new again.

The traditional formula is simple: ingredients in a glass dish heated in the oven. The outcome is especially good for sharing at parties or for making on the weekend and enjoying all week.

What could use a little healthy push is the choice of items that go into the dish. Your mom used cans of soup, high carb pasta and maybe some Corn Flakes on top, but we can do better. Here are some substitutions to any casserole recipe.

• Low fat evaporated milk instead of heavy cream sauce

• Spaghetti squash/quinoa/ brown rice instead of pasta

• White sauce made with milk instead of grated cheese

• Baby food pureed vegetables instead of canned soup

• Whole wheat bread crumbs instead of Corn Flake topping

• Crushed whole wheat crackers instead of crispy onions

• Phyllo layers instead of pastry or puff pastry

Every casserole has the same formula: Body of protein, heart of creamy and moist and topping of crisp. Mix and match as you please and serve with a great big salad. **THERESA ALBERT IS A FOOD COMMUNICATIONS CONSULTANT AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM.**

- Canned lentils or cooked chicken instead of ground beef

- Cook and rinse all meat before adding instead of using ground lamb with fat



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The shy type, the sugar baby or the romantic?

See what your star sign says about you.

Online dating site Match.com conducts survey to reveal what 2013 may hold for you depending on your astrological identity

Online dating website Match.com recently conducted a survey to see what 2013 may hold for your love life based on your astrological sign.

It estimates more than one third (36 per cent) of single Canadians will make a New Year's Resolution to go on more dates this year. So what does your sign reveal about the year ahead? Here is the site's findings.

Capricorn: The office romantic

Capricorns are most likely to date someone from their workplace. Sixteen per cent of Capricorn singles have dated someone from the office in the last five years, the highest of any sign.

Aquarius: The sugar baby

Age is just a number for Aquarius, who are the most likely to date someone more than 10 years their senior. A whopping 56 per cent would date someone who is more than a decade older than them.

Pisces: The romantic

Pisces are the most romantic of all signs. An outstanding 66 per cent of Pisces believe in love at first sight.

Aries: The initiator

When it comes to who should pay for a first date, Aries singles are in agreement. Fifty-three per cent believe the person who initiated the date should pay, more than any other sign.

Taurus: The shy type

Taurus singles are the shiest of the signs, with only eight per cent having asked someone out on a date in the last year.

Gemini: The long distance lover

When it comes to romance, Gemini singles are prepared to go the distance. An overwhelming 54 per cent have had a long distance relationship, more than any other sign.

Cancer: The multitasker

If you're dating a Cancer, be prepared to have "the talk" sooner rather than later. While not necessarily ones to cheat, at least one in 10 Cancer singles (11 per cent) date two to three people at the same time. Talk about a scheduling challenge!

Leo: The Facebook updater

It's not official until it's on Facebook! At least according to Leo singles, who are most likely to update their relationship status on the social networking site. Nearly one quarter (21 per cent) report or update their relationship status regularly.

Virgo: The online dater

When it comes to embracing technologies to improve their love life, Virgo singles are most likely to



bite the bullet. Nearly half (47 per cent) have used an online dating site.

Libra: The good time

If you're dating a Libra, prepare to imbibe. Libra singles are most likely to drink alcohol on a first date – 74 per cent will have a boozy beverage on a first night out.

Scorpio: The canine cuddler

Are you a dog lover? Then date a Scorpio! Singles with this sign are most likely to

be friends to canines. Sixty-three per cent are fans of these furry fellows.

Sagittarius: The sharer

If you're dating a Sagittarius, the odds are your ears should be burning about now. More than a third (36 per cent) of Sagittarians will discuss their dating life with friends and family, bring others out as wingmen or discuss their dating life goals with a group.

METRO/MATCH.COM

Your money

To consolidate debt or grin and bear it?



FUN AND FRUGAL
Lesley Scorgie
money@metronews.ca

Besides goals of better eating and weight loss, debt is top of mind for most North Americans this January. Make debt repayment a 2013 goal!

How much do you owe? To whom? What interest rate? Can you afford the payments?

The choice is yours — should you tough debt repayment out the old-fashioned way (regular payments to multiple lenders) or apply for a consolidation loan (one consolidated payment to one lender).

The benefits of a consolidation loan are that the interest rates are typically lower than the combined interest rates of multiple debts, which often consist of high interest credit cards. As such, the monthly payments can be lower.

However, many experts rail against consolidation loans because they don't teach a valuable lesson: Taking full responsibility for debt accumulation.

The act of having to pay off expensive debts the old-fashioned way often imposes enough financial hardship on a person that they change their spending habits.

Canadian statistics show that the majority of individuals with consolidation loans never learn their lesson and are first in

line for another one when the previous is finished.

You're a good candidate for a consolidation loan if you are paying too much in interest or if you can't keep up with regular payments.

The first caveat however, is that you must be financially disciplined and commit to making payments on time, in full and not accumulating additional debts. The second is that these loans are difficult to qualify for as most people that are "maxed out" are considered high risk.

Many Canadians turn to lines of credit as pseudo-consolidation loans. Scary!

Though interest rates are attractive, lines of credit are revolving, thus the available borrowing room never decreases. Rarely do Canadians pay off their lines of credit. Rather, they continue to overspend using their line of credit, often decreasing home equity. If you use a line of credit to consolidate, reduce the borrowing limit as you pay it down.

If the temptation to spend is too great or you can't qualify for a lower interest loan, repay your debt the old-fashioned way.

On a spreadsheet, list who you owe money to, the interest rate and balance. Call each lender and negotiate a better rate. Each month, pay a little extra on the highest interest debt until it's paid off. Then pay extra on the next highest interest debt. Remember, you'll have extra money from your previous debt's regular payment.

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Outstanding alumni named

Simon Fraser University. Four recipients will be honoured during awards dinner Feb. 13

DANIEL HENDRIKSEN
For Metro

The Simon Fraser University (SFU) Alumni Association has announced the names of its latest outstanding alumni award winners.

The recipients were nominated by fellow alumni, faculty, staff, students and community members in seven categories — academic achievement, arts and culture, athletics, professional achievement, public service, service to the community, and service to the university.

The award winners are as

follows: Svein Andresen, BA 1981 (econ), MA 1984 (econ) — public service; Jo-ann Archibald, MEd 1984, PhD 1997 — academic achievement; Joel Bakan, BA 1981 (psychology) — professional achievement; and John Spinelli, BSc 1979, MSc 1981, PhD 1994 (math and stats) — academic achievement.

The four recipients will be honoured during an awards dinner Feb. 13 at the Four Seasons Hotel in Vancouver. A reception will be held at 6 p.m., followed by dinner and awards at 6:45 p.m. Tickets for the event can be purchased for \$125 per person

or \$900 for a table of eight.

For more about this year's winners, as well as past recipients, visit sfu.ca/alumni/outstanding.

UBC professors appointed to Order of Canada

Four University of British Columbia (UBC) professors have been named to the Order of Canada. Current faculty members Julie Cruikshank, Clyde Hertzman and Dr. David Scheifele, along with former staff member Jane Coop will be honoured at a ceremony later this year.

Cruikshank, Hertzman and Scheifele are being recognized for their contributions of preserving indigenous histories, early childhood development, and preventing infectious dis-

eases respectively. Coop is receiving the honour thanks to her efforts as a pianist and educator.

Joining the four professors to represent UBC in receiving the Order of Canada this year will be former B.C. premier and UBC alumni Mike Harcourt, alumni Michael Brown, Stevie Cameron and Roald Nasgaard, plus honorary degree recipients Ken Dryden and Ian Wallace.

The Order of Canada is the centrepiece of Canada's honours system and recognizes a lifetime of outstanding achievement, dedication to the community and service to the nation. The 10 UBC community members are among 91 Canadians who will be presented with the honour this year.

Margaret Atwood to attend KPU Payback screening

Canadian poet, novelist and environmental activist Margaret Atwood will be at Kwantlen Polytechnic University (KPU) Feb. 16.

Atwood will be attending KPU's Miss Representation Action Group's screening of the film Payback. Atwood is the author of Payback: Debt and the Shadow Side of Wealth, the book on which the film is based.

After the screening she will also take part in a town hall discussion.

The evening will be hosted by CBC Radio broadcaster Sheryl MacKay, and will feature Dr. William Rees as the keynote speaker. Rees, a UBC professor and former director of the university's School of Community and Regional Planning, is the originator of the "ecological footprint" concept and co-developer of the method.

The event is open to all members of the community and will be taking place at the Melville Centre for Dialogue at KPU's Richmond campus from 4-8 p.m. Participants must pre-register and purchase tickets at kwantlen.ca/missrep. Seating is limited, and early registration is recommended.

Langara College appoints new VP

There is a new vice-president of enrolment and business development at Langara College. The post-secondary institution recently appointed Dr. Ian Humphreys to the position.

Humphreys has been with Langara since 2006, working in roles such as manager of business and technology programs, director of communications and marketing, and associate vice-president of student development and marketing. In his new position, Humphreys will be charged with providing institutional leadership for a portfolio that includes international education, continuing studies, institutional research, and communications and marketing.

"I am grateful for all of the opportunities that Langara has provided to me, and for the support that I have received from all of my colleagues," Humphreys said in a media release. "I look forward to embracing the challenges of this new role and to working with the entire college community to cement our position as British Columbia's leading undergraduate college."

DANIEL HENDRIKSEN



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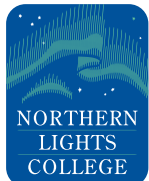
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BCIT instructor wins conservation award

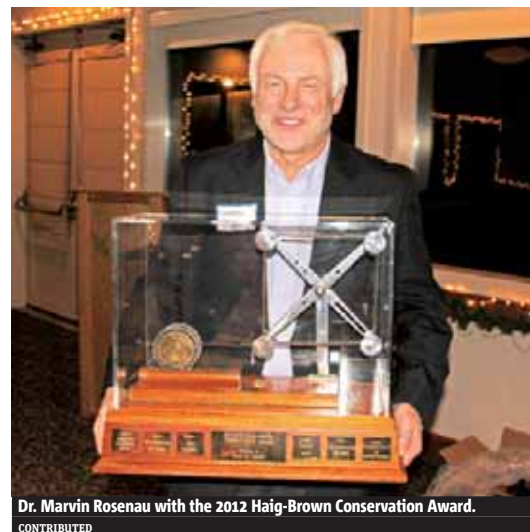
DANIEL HENDRIKSEN
For Metro

An instructor of the British Columbia Institute of Technology's (BCIT) fish, wildlife, and recreation program was recently honoured for his conservation efforts.

Dr. Marvin Rosenau was presented with the 2012 Haig-Brown Conservation Award by the Totem Flyfishers, B.C.'s original fly fishing club. The award is named after Roderick Haig-Brown, a venerable author, angler, conservationist, and magistrate.

Rosenau, a former senior biologist in the B.C. Ministry of Environment, is a renowned sturgeon and salmon conservationist in B.C.

"I am delighted and pleased to have received this prestigious award from the Totem Flyfishers Club," Rosenau said in a press release. "I'm in exceptional company and the extraordinary group preceding me in winning this trophy are, each and every one, outstanding British Columbians. The former recipients have shown



Dr. Marvin Rosenau with the 2012 Haig-Brown Conservation Award.
CONTRIBUTED

unprecedented commitment to conservation of fish and fish habitat in this province. In accepting this award, I feel I am truly standing on the shoulders of giants."

The Haig-Brown Conservation Award is just the latest of a plethora of honours

Rosenau has received. He is also the recipient of the Canadian Wildlife Federation's Roland Michener Conservation Award, the B.C. Wildlife Federation's Ted Barsby Award, and the Vancouver Aquarium's Murray A. Newman Award.

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INFORMATION SESSION on Thursday March 7th, at Hampton Inn and Suites by Hilton, Downtown Vancouver, 111 Robson Street, Vancouver, V6B 2A8 at 7 pm.



SFU partners with Chinese university

DANIEL HENDRIKSEN
For Metro

A new partnership has been formed by Simon Fraser University's (SFU) School of Communication and Beijing-based Communication University of China (CUC).

The union will see the two post-secondary institutions offer an international double-degree program in global communication starting next fall. Students enrolled in the two-year curriculum will complete the first year of their studies through courses at SFU, while the second year will take them to Beijing to complete the program at CUC.

Yuezhi Zhao, professor and Canada Research Chair in Political Economy of Global Communication at SFU, spoke about the benefits of the agreement in a media release.

"This partnership, with China's leading research uni-

versity in the field, will open new intellectual horizons for students and help them explore communications across the world's increasingly integrated regions," Zhao said.

Most of the instruction for the program will be in English, however, students must demonstrate basic proficiency in Mandarin or complete a non-credit introductory course. In order to graduate, participants must complete a minimum number of mandatory and elective credits at both schools. Graduates will be awarded two master of arts degrees in communication — one each from SFU and CUC.

The deadline for the fall 2013 intake is Feb. 1.

Kwantlen to present honorary doctor of laws

Four renowned British Columbians will be presented with honorary doctor of laws (honoris causa) by Kwantlen Polytechnic University (KPU)

at the school's upcoming spring convocation.

The four honorees will be: Canadian women's soccer star Christine Sinclair; Charan Gill, author, entrepreneur, and founder of Progressive Intercultural Community Services; Janet Austin, CEO of the Vancouver YWCA; and Susan Davidson, an entrepreneur, fundraiser, and founder of Glorious Organics Co-operative.

Dr. Alan Davis, KPU president and vice-chancellor, spoke in a press release about the four individuals and what they mean to the university.

"KPU is proud to recognize the diverse and extraordinary achievements of these four outstanding British Columbians," Davis said. "Our university recognizes these individuals for their distinguished, significant contributions and accomplishments. Their excellence continues to reflect positively upon their communities and KPU."



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Tuesday, Jan. 15 & 22, noon – room 629

Downtown

English language preparation for health sciences

Tuesday, Jan. 15, 6 p.m. – room 1214

Broadway

Building service worker

Wednesday, Jan. 16, 1 p.m. – room 206

Downtown

English for professional advancement (EPA)

Wednesday, Jan. 16, 2:30 p.m. – room 235

Downtown

Wednesday, Jan. 16, 5 p.m. – room 235

Downtown

Hair design & Skin and body therapy (esthetics)

Wednesday, Jan. 16, 4:30 p.m. – room 201

Downtown

Music

Friday, Jan. 18, 12:30 p.m. – room 1228

Broadway

Career planning and job search courses

Monday, Jan. 21, 11 a.m. – room 236

Downtown

Adult special education

Monday, Jan. 21, 1 p.m. – room 311

Downtown

Downtown campus is located at 200-block Dunsmuir at Hamilton, two blocks west of Stadium SkyTrain station.

Broadway campus is located at 1155 East Broadway, one block west of Clark Drive and across from VCC/Clark SkyTrain station.

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New UBC Rugby Centre honours Gerald McGavin

DANIEL HENDRIKSEN
For Metro

The University of British Columbia (UBC) has opened the new Gerald McGavin UBC Rugby Centre.

The \$2.5-million facility, located near West 16th Avenue and East Mall on the Point Grey campus, is named in honour of UBC alumnus Gerald McGavin. A member of the B.C. Rugby Hall of Fame, McGavin donated \$800,000 towards the construction of the project.

The Rugby Centre is equipped with change rooms, offices, storage space, bleacher seating for 300 spectators, and a clubhouse lounge. UBC men's rugby head coach Spence McTavish spoke about the facility in a media release.

"I'm hoping it becomes a magnet for the alumni," McTavish said. "Hopefully, we can get more people to come out to our games and have the facility become the hub for rugby, not only for the campus, but for the province."

The field will be put to use this Saturday when the UBC Thunderbirds host the University of Victoria for the second leg of the Brian Wightman 'Boot' series.

"None of the kids have seen the inside of the building but the dressing rooms are to die for," McTavish said. "Once they get into the building, I think they'll be pretty excited."

Langara appoints interim president and CEO
The Langara College board of governors has appointed



ISTOCKPHOTO/THINKSTOCK

Roy Daykin as the school's interim president and CEO, effective immediately.

The appointment of Daykin comes after Dr. David Ross announced his resignation from the position on Nov. 19, 2012. Daykin will fill the role until Ross's permanent replacement can be found.

Daykin has been with the college since 2010, most recently serving as vice-president, administration and finance. In addition to his time at Langara, he brings more than 30 years of experience in the post-secondary sector to his new position.

"We are confident that

Langara will be well served by Mr. Daykin's leadership during this interim period," board chair Anne Lippert said in a media statement. "Mr. Daykin has significant senior administrative post-secondary experience and his current knowledge about Langara places him in an exceptional position to lead the institution during his term as president."

"I am sincerely honoured to serve Langara in this capacity," Daykin said. "I look forward to working with all members of the college community to build on existing plans for the continued growth of Langara."



Langara students, clockwise from left, Simon Hui, Natalie Wong, Steven Ge, Marco Buktaw, and Brian Pan present their campaign to Stephanie Koonar, instructor, and Bruce Anderson, the chief technology officer of MADD Virgin Drinks. JENNIFER OEHLER/FOR METRO

Timely project for Langara students

DANIEL HENDRIKSEN
For Metro

Students from Langara College's School of Management (LSM) completed a fitting project just in time for the holidays.

The students worked with Mothers Against Drunk Driving (MADD) to create adver-

tising campaigns for a new range of non-alcoholic beverages created by MADD Virgin Drinks (MVD).

Eight different groups pitched their ideas to Brian Bolshin, co-founder, president and CEO of MADD Virgin Drinks, with the top three winning cash prizes (\$500 for first place, \$250 for second, and \$100 for third.)

"When it comes to learning the art and science of advertising for the students at the Langara School of Management, there's no substitute for real world experience," Bolshin said in a press release. "So, on two levels, we're happy to contribute."

"We've seen some great thinking from the students, and we're confident as they

advance through their education and practical experience they will develop the skills necessary to thrive in their chosen fields."

MVD's new line of virgin wine, champagne, and cocktails are designed to create responsible alternatives to alcoholic beverages.

Ten per cent of net sales are donated to MADD.

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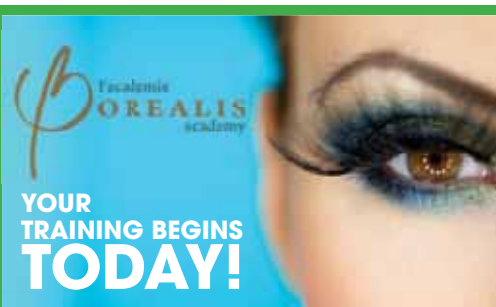
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RBC donates \$40K to JIBC

DANIEL
HENDRIKSEN
For Metro

A new program at the Justice Institute of British Columbia (JIBC) has received a financial boost from the Royal Bank of Canada (RBC).

RBC has donated \$40,000 to support JIBC's fundamentals of emergency medicine — a new program designed to meet the needs of Aborig-

inal communities, and provide community-oriented, culturally-specific and responsive emergency medical education and training.

"We are very pleased to provide support to underserved rural and remote communities, and to help increase the current level of care in Aboriginal communities through this partnership with JIBC," Tim Manning, regional vice-

president, RBC Commercial Financial Services, said in a press release.

Fundamentals of emergency medicine will provide students with a strong base in first aid that will improve the standard of care in Aboriginal communities.

It will also establish an outline for a more effective transition to advanced educational courses in pre-hospital medicine.

A pilot of the program will be started with the Nuuchah-Nulth Tribal Council, which consists of the communities of Tla-o-qui-aht, Ahousat, Hesquiaht, Toquaht and Ucluelet.

"We are pleased to partner with RBC and the Nuuchah-Nulth Tribal Council on the launch of this innovative program," said JIBC president and CEO Dr. Michel Tarko.

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Don Ross, a two-time winner of the U.S. National Fingerstyle Guitar Championship, will headline the Kwantlen Polytechnic University 16th annual Fraser Valley Acoustic Guitar Festival Feb. 14-16. CONTRIBUTED

Music. Kwantlen hosting acoustic guitar festival

Kwantlen Polytechnic University (KPU) will be hosting the upcoming 16th annual Fraser Valley Acoustic Guitar Festival.

The event, which takes place Feb. 14-16, will be headlined by Don Ross, a two-time winner of the U.S. National Fingerstyle Guitar Championship. Also performing will be Victor Kolstee (flamenco guitarist) and Paul Pigat (rockabilly guitarist).

The festival will also feature workshops in which the artists will share their abilities and insights with high school students and KPU guitar students.

"This festival has three main objectives," Don Hlus, chair, music department, KPU, said in a media release. "The first is to give young players from high schools the opportunity to be inspired and learn from world-class players."

"The second is to give Kwantlen music students the

World-class inspiration

"This festival has three main objectives. The first is to give young players from high schools the opportunity to be inspired and learn from world-class players."

Don Hlus, chair, music department, KPU

opportunity to work with experienced musicians who are making a living in this very competitive field. Finally, the featured concert is a way to give the general community, who support Kwantlen in so many different ways, a chance to hear world-class artists in their own backyard without the big city ticket prices."

For more information, and to purchase tickets for the Feb. 16 concert, visit Kwantlen.ca/guitar.

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Australian Open

Vancouver's Marino bows out early

Canada's Rebecca Marino made a losing start to the season after being eliminated 6-3, 6-0 in the first round of the Australian Open on Tuesday by China's Peng Shuai.

The match was the first in a main draw this season for the 22-year-old Vancouver native, who took more than half a year off in 2012 to get her focus back.

Marino returned to tennis on the Challenger level in October where she won a title, but has failed to qualify for two events so far in 2013, in Auckland and Hobart, Tasmania.

The match with Peng went quickly for Marino, who lost in 52 minutes. She was broken in the opening game and never found her way into the contest.

Marino saved a match point in the last game after putting late pressure on her opponent with a missed break-point opportunity as Peng served for victory.

Marino exited the Open for the second year in the first round after winning her only main draw match at the tournament in 2011.

Marino ended with four aces, 10 winners and 23 unforced errors.

In the men's first round, Milos Raonic, the 13th seed from Thornhill, Ont., pulled off a 3-6, 6-1, 6-2, 7-6 (0) victory over Jan Hajek of the Czech Republic to advance to the second round.

THE CANADIAN PRESS



Rebecca Marino on Tuesday.
THE ASSOCIATED PRESS

Injuries a groin concern for Canucks

NHL. Winger Booth goes for MRI Monday after missing first two days of camp



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cam.tucker@metronews.ca

It was just the second day of training camp and already injuries are becoming a pain in the groin for the Vancouver Canucks.

Head coach Alain Vigneault told reporters assembled at Rogers Arena that winger David Booth was scheduled to go for an MRI Monday afternoon with a groin injury.

Booth was absent for both Sunday and Monday on-ice sessions to begin camp.

"He tweaked his groin a little bit (Sunday) and we're not quite sure how severe it is," Vigneault said.

If the result of the MRI isn't good, it could mean two-thirds of the Canucks second line is injured to begin the season. There is still no exact timetable for Ryan Kesler's return from shoulder and wrist operations during the off-season.

The good news: Defenceman Dan Hamhuis was back on the ice Monday after missing the first day of camp also due to a sore groin that he first detected late last week while skating with teammates at UBC.

"We were just being precautionary," Hamhuis said.

"It's a short camp. Saturday's going to come quick so we decided it would be the best thing not to do the testing day (Sunday) and give it an extra day of rest. Felt really good today on the ice."



Vancouver Canucks players stretch as a few hundred fans watch during practice on Sunday in Vancouver. Injuries are already a big concern for the Canucks just two days into camp. DARRYL DYCK/THE CANADIAN PRESS

Depth on defence

Canucks ink blue-liner Vandermeer

After skating at UBC this summer and throughout the lockout without a contract, Jim Vandermeer has put pen to paper on a deal with the Vancouver Canucks.

Vancouver signed the 32-year-old defenceman to a one-year, two-way contract that was announced Monday morning.

The Canucks are Vandermeer's seventh NHL team. He suited up in 25 games for the San Jose Sharks last season, scoring once and adding

three assists.

The Canucks might have their top two defensive pairings set — Dan Hamhuis with Kevin Bieksa and Alex Edler alongside Jason Garrison — but there is now a log-jam of blue liners vying for the final two pairings.

On Monday, Keith Ballard skated with Chris Tanev, while the newly signed Cam Barker was paired with Andrew Alberts.

"He's a physical, tough defenceman that has got a lot of experience," said head coach Alain Vigneault of Vandermeer. "Obviously he's fighting for seventh, eighth, ninth spot on our team and we'll sort that out here as we move forward."

Mason Raymond on the left side, and Jordan Schroeder

and Andrew Ebbett rotating at the centre position.

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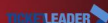
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Lance Armstrong has reportedly confessed to using performance-enhancing drugs. The interview with Oprah Winfrey is to be broadcast Thursday.
THE ASSOCIATED PRESS FILE

Armstrong confesses to using PEDs, source says

Interview with Oprah. Disgraced cyclist answers questions 'honestly and candidly' during taped discussion to air Thursday

After a decade of denial, Lance Armstrong has finally come clean: He used performance-enhancing drugs to win the Tour de France.

The disgraced cyclist made the confession to Oprah Winfrey during an interview taped on Monday, a person familiar with the situation told The Associated Press. The person spoke on condition of anonymity because the interview is to be broadcast on Thursday on Winfrey's network.

The confession was a stunning reversal, after years of public statements, interviews and court battles in which he denied doping and zealously protected his reputation.

Winfrey tweeted afterward, "Just wrapped with @lancearmstrong. More than 2 1/2 hours. He came READY!" She was scheduled to appear on CBS This Morning on Tuesday to discuss the interview.

Even before the taping session with Winfrey began, Armstrong's apology suggested he would carry through on promises over the weekend to answer her questions "directly, honestly and candidly."

The cyclist was stripped of his Tour de France titles, lost most of his endorsements and was forced to leave the Livestrong Foundation last year after the U.S. Anti-Dop-

ing Agency issued a damning 1,000-page report that accused him of masterminding a long-running doping scheme.

Armstrong huddled with almost a dozen people before stepping into a room set up at a downtown hotel in Austin, Texas, for the interview.

The group included close friends and advisers, two of his lawyers and Bill Stapleton, his agent, manager and business partner. They exchanged handshakes and smiles, but declined comment when approached by a reporter. Most members of that group left the hotel through the front entrance, although Armstrong was not with them.

No further details about the interview were available immediately because of confidentiality agreements signed by both camps. But Winfrey promoted it as a "no-holds-barred" session, and after the voluminous USADA report — which included testimony from 11 former teammates — she had plenty of material for questions. USADA chief executive Travis Tygart, a longtime critic of Armstrong's, called

Livestrong meeting

Armstrong stopped at the Livestrong Foundation, which he founded, on his way to the interview and told about 100 staff members, "I'm sorry."

- A person with knowledge of that session said Armstrong choked up and several employees cried during the visit.

- "Heartfelt and sincere" is how Livestrong spokesman Katherine McLane described his speech.

the drug regimen practised while Armstrong led the U.S. Postal Service team "the most sophisticated, professionalized and successful doping program that sport has ever seen."

Armstrong is said to be worth about \$100 million. But most sponsors dropped him after USADA's scathing report — at the cost of tens of millions of dollars — and soon after, he left the board of Livestrong.

THE ASSOCIATED PRESS

Just do it

McIlroy signs with Nike

Rory McIlroy and Tiger Woods are on the same team now — at least when it comes to sponsorship.

McIlroy officially made the switch to the swoosh on Monday as Nike confirmed one of the worst-kept secrets in golf, announcing it had signed a multi-year deal with the top-ranked Northern Irishman.

The deal means Nike now has golf's two biggest names representing its brand, as Woods has been with the sportswear company since turning pro in 1996. Nike did not disclose any financial details of the deal, but industry observers have estimated that McIlroy will be paid up to \$20 million a year to use the company's equipment and apparel.

THE ASSOCIATED PRESS



Rory McIlroy celebrates winning the PGA Championship on Aug. 12, 2012. THE ASSOCIATED PRESS FILE

NBA. Reserves Crawford, Barnes pick up slack as Clippers crush Grizzlies

Playing without Chris Paul proved no problem for the Clippers. Not having Rudy Gay was a much bigger issue for the Memphis Grizzlies.

Reserves Jamal Crawford and Matt Barnes each scored 16 points, and the Clippers easily routed the Grizzlies 99-73 Monday night with Paul missing his first game this season because of a bruised right kneecap.

"Missing the best point guard in the world in Chris Paul, we all had to play collectively and step it up, and I thought we did a good job of that," Crawford said.

The matchup between two of the best teams in the West wasn't close after the first quarter. While Paul watched from the bench, the Grizzlies were without their leading scorer: Gay was excused for his grandmother's funeral in Baltimore.

This also was the Clippers' first trip to Memphis since they won Game 7 of their opening-round playoff series last May. All they did was match their largest margin of victory on the road this season while holding the Grizzlies to a season-low in points and their worst field goal shooting percentage on their home court in franchise history.

"That's why I said before the game that they're the best



Los Angeles Clippers guard Jamal Crawford drives past Mike Conley of the Memphis Grizzlies on Monday, in Memphis.
LANCIE MURPHEY/THE ASSOCIATED PRESS

team in the West, maybe the best team in the league right now," Memphis coach Lionel Hollins said of the Clippers.

Eric Bledsoe, starting for Paul, had 14 points, and Blake Griffin scored 10. Clippers coach Vinny Del Negro was able to give nine players at least 17 minutes each before heading to Houston for the second half of a back-to-back Tuesday night.

Zach Randolph had 15 for Memphis, which lost its second straight blowout, after losing 104-83 at Dallas on Saturday night. The Grizzlies shot just 30.3 per cent (27 of 89), a franchise-low at home.

THE ASSOCIATED PRESS

NBA				
EASTERN CONFERENCE				
	W	L	Pct	GB
Miami	24	12	.667	—
New York	24	13	.649	1/2
Indiana	23	15	.605	2
Brooklyn	22	15	.595	2 1/2
Chicago	21	15	.583	3
Atlanta	21	16	.568	3 1/2
Boston	20	17	.541	4 1/2
Milwaukee	19	17	.528	5
Philadelphia	16	22	.421	9
Toronto	14	23	.378	10 1/2
Detroit	14	24	.368	11
Orlando	13	24	.351	11 1/2
Charlotte	9	28	.243	15 1/2
Cleveland	9	30	.231	16 1/2
Washington	7	28	.200	16 1/2
WESTERN CONFERENCE				
	W	L	Pct	GB
Oklahoma City	30	8	.789	—
L.A. Clippers	29	9	.763	1
San Antonio	29	11	.725	2
Memphis	24	12	.667	5
Golden State	23	13	.639	6
Denver	23	16	.590	7 1/2
Houston	21	17	.553	9
Portland	20	17	.541	9 1/2
Utah	21	19	.525	10
Minnesota	16	19	.457	12 1/2
L.A. Lakers	16	21	.432	13 1/2
Dallas	16	23	.410	14 1/2
Sacramento	13	24	.351	16 1/2
Phoenix	13	27	.325	18
New Orleans	11	26	.297	18 1/2
Monday's results				
Washington 120 Orlando 91				
Boston 100 Charlotte 89				
Chicago 97 Atlanta 58				
L.A. Clippers 99 Memphis 73				
Dallas 113 Minnesota 98				
Utah 104 Miami 97				
Oklahoma City 102 Phoenix 90				
Cleveland at Sacramento				
Sunday's results				
New York 100 New Orleans 87				
Milwaukee 107 Toronto 96				
Brooklyn 97 Indiana 86				
San Antonio 106 Minnesota 88				
Denver 116 Golden State 105				
Oklahoma City 87 Portland 83				
L.A. Lakers 113 Cleveland 93				
Tuesday's games — All Times Eastern				
New Orleans at Philadelphia, 7 p.m.				
Indiana at Charlotte, 7 p.m.				
Toronto at Brooklyn, 7:30 p.m.				
L.A. Clippers at Houston, 8 p.m.				
Portland at Denver, 9 p.m.				
Milwaukee at L.A. Lakers, 10:30 p.m.				

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Worcester	37	19	15	1	2	97	110	41
Providence	35	19	14	0	2	88	97	40
Manchester	37	17	16	2	2	102	98	38
St. John's	38	16	20	1	1	92	113	34

NORTHEAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Springfield	35	20	9	3	3	116	85	46
Bridgeport	38	18	16	2	2	121	125	40
Albany	34	14	13	1	6	90	93	35
Connecticut	37	15	18	3	1	98	118	34
Adirondack	35	15	18	1	1	83	100	32

EAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Syracuse	37	24	8	2	3	131	100	53
Binghamton	35	23	8	1	3	113	86	50
Hershey	38	19	17	1	1	100	92	40
W-B/Scranton	37	17	17	2	1	87	94	37
Norfolk	35	14	18	2	1	87	107	31

WESTERN CONFERENCE

NORTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Toronto	36	22	11	1	2	124	91	47
Lake Erie	39	20	16	2	1	121	121	43
Rochester	36	19	14	2	1	123	112	41
Abbotsford	36	17	12	3	4	81	78	41
Hamilton	36	13	19	1	3	78	115	30

MIDWEST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Grand Rapids	36	21	11	2	2	113	98	46
Milwaukee	37	17	14	3	3	97	107	40
Rockford	38	19	17	1	1	116	114	40
Chicago	34	17	12	3	2	90	93	39
Peoria	38	17	17	2	2	92	118	38

SOUTH

	GP	W	L	OTL	SOL	GF	GA	Pt
Charlotte	39	23	11	2	3	122	98	51
Texas	38	22	11	3	2	102	94	49
Houston	38	18	13	4	3	108	106	43
Oklahoma City	38	18	15	2	3	118	122	41
San Antonio	40	16	20	0	4	100	114	36

Note: Two points awarded for a win, one for an overtime or shootout loss.

Sunday's results

Toronto 2 St. John's 4

Portland 3 Worcester 1

Manchester 1 Providence 2

Bridgeport 5 Albany 4

Connecticut 0 Hershey 5

Texas 3 Oklahoma City 0

Peoria 3 Milwaukee 2 (SO)

Charlotte 2 Houston 1 (OT)

Note: Two points awarded for a win, one for an overtime or shootout loss.

Sunday's results

Toronto 2 St. John's 4
Portland 3 Worcester 1
Manchester 1 Providence 2
Bridgeport 5 Albany 4
Connecticut 0 Hershey 5
Texas 3 Oklahoma City 0
Peoria 3 Milwaukee 2 (SO)
Charlotte 2 Houston 1 (OT)

GOLF				
PGA				
SONY OPEN				
At Honolulu, Hawaii				
Final Round				
Par 70				
Russell Henley, \$1,008,000	63-63-67-63	256		
Tim Clark, \$604,800	64-66-66-63	259		
Charles Howell III, \$324,800	66-64-67-66	263		
Scott Langley, \$324,800	62-66-65-70	263		
Matt Kuchar, \$204,400	66-63-70-65	264		
Brian Stuard, \$204,400	66-68-65-65	264		
Chris Kirk, \$204,400	68-62-68-66	264		
Jeff Overton, \$173,600	65-68-67-65	265		
Harris English, \$145,600	69-69-62-66	266		
Marc Leishman, \$145,600	67-68-64-67	266		
Dicky Pride, \$145,600	68-67-64-67	266		
Pat Perez, \$145,600	68-63-67-68	266		
Shane Bertsch, \$112,000	69-67-65-66	267		
Danny Lee, \$112,000	66-66-66-69	267		
Josh Teater, \$89,600	70-68-65-65	268		
Justin Hicks, \$89,600	69-68-64-67	268		
Scott Piercy, \$89,600	64-64-72-68	268		
Scott Gardiner, \$89,600	68-64-65-71	268		
Matt Jones, \$89,600	66-68-64-70	268		
Webb Simpson, \$60,667	66-69-68-66	269		
John Rollins, \$60,667	68-66-70-65	269		
Vijay Singh, \$60,667	67-67-68-67	269		
Stephen Ames, \$60,667	65-67-70-67	269		
Ricky Barnes, \$60,667	70-65-66-68	269		
Y.E. Yang, \$60,667	70-68-68-63	269		
Kevin Streelman, \$41,440	71-67-66-66	270		
Charlie Wi, \$41,440	67-69-69-65	270		
Also:				
David Hearn, \$33,208	67-70-66-68	271		
Brad Fritsch, \$26,376	67-70-67-68	272		
NFL				
DIVISIONAL PLAYOFFS				
SUNDAY'S RESULTS				
Atlanta 30 Seattle 28				
New England 41 Houston 28				
SATURDAY'S RESULTS				
Baltimore 38 Denver 35 (2OT)				
San Francisco 45 Green Bay 31				
CONFERENCE CHAMPIONSHIPS				
SUNDAY'S GAMES — All Times Eastern				
NFC — San Francisco at Atlanta, 3 p.m.				
AFC — Baltimore at New England, 6:30 p.m.				
SUPER BOWL				
SUNDAY, FEB. 3				
At New Orleans				
AFC vs. NFC champions, 6 p.m.				



Horoscopes

Aries

March 21 - April 20

Only you know how much effort you have put into a task of some kind, so don't let anyone tell you that you should have done more. In a matter of days, your confidence will receive a much-needed boost. You're doing OK.

Taurus

April 21 - May 21

If you are serious about a long-term goal then you need to get working on it right now. Even relationships must take a back seat while you make your mark. A job done well will bring you satisfaction.

Gemini

May 22 - June 21

Your confidence will bloom today and everyone will be impressed by your dynamic manner. In fact, the higher you aim over the next few days, the more likely it is you will succeed. Don't hold back.

Cancer

June 22 - July 23

Cosmic activity in your opposite sign of Capricorn indicates that major changes are possible, but you must be the one who makes the first move. Yes, mistakes have been made but things are not as bad as they seem.

Leo

July 24 - Aug. 23

If you feel the need to open up about your feelings, now is the time because you are guaranteed a positive response. In fact, you will be surprised how easy it is to confide in people and how readily they confide in you.

Virgo

Aug. 24 - Sept. 23

Today's beneficial aspects will reveal new possibilities and make you realize that you have been worrying for no good reason. Chances are you will soon be made the proverbial offer you simply cannot refuse.

Libra

Sept. 24 - Oct. 23

The higher you aim, the more you will accomplish and the more you accomplish, the more you will feel good about yourself. Success and popularity are yours for the taking. It doesn't get much better than this.

Scorpio

Oct. 24 - Nov. 22

Don't sit at home thinking about what might have been. Get out there into the world and do something dynamic. The next few days are going to be crucial to your emotional and mental wellbeing, so be positive.

Sagittarius

Nov. 23 - Dec. 21

Cosmic activity in the money area of your chart urges you to try something new, especially if you are not getting as much as you would like from your career. You need to be more adventurous. Is that so hard?

Capricorn

Dec. 22 - Jan. 20

You can now start moving forward again after a period when you seemed to chop and change and get nowhere. Be brave, be bold and be ready to travel in a new direction over the next few days.

Aquarius

Jan. 21 - Feb. 19

Believe it or not it is impossible for you to fail. So, the more risks you take now, the more you will achieve. Aim to be the best at what it is you do best. Anything is possible if you want it enough.

Pisces

Feb. 20 - March 20

You may be of the opinion that if you talk tough, you will get what you want. But why risk alienating people when you can just as easily charm them? Say nice things and you will get nice things in return.

SALLY BROMPTON

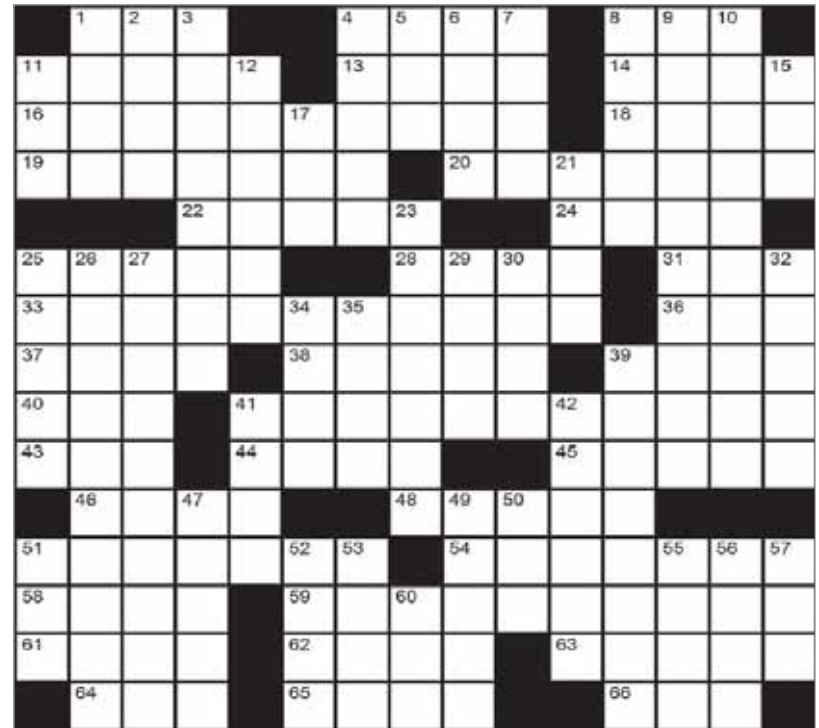
Crossword: Canada Across & Down

Across

1. Great ___ Sea
4. ___ Breton Island
8. Sleeve
11. Charles Dickens character Edwin
13. Russian river
14. Arctic explorer John, and others
16. Nanaimo-born jazz pianist/singer: 2 wds.
18. Ship's mooring post
19. Ivy's 'grasper'
20. Brickwork
22. Fay of 1933's "King Kong", and others
24. Bread spread
25. Try
28. Director Mr. Preminger
31. Car advertisement fig.
33. Vancouver's urban oasis: 2 wds.
36. Certain ISP
37. Alan of "M*A*S*H"
38. Actress Christine
39. Farm tower
40. Family member
41. Twitter and Facebook: 2 wds.
43. Cobbler's tool
44. Boost
45. Nautical "Stop!"
46. French Polynesia island
48. Panorama
51. "The Flintstones" setting
54. Paris Hilton, for one
58. Organic compound
59. Ancient Roman greeting: 2 wds.
61. Wile E. Coyote's supplier
62. River of Florence
63. Elegance
64. Poetic nightfall
65. Church section
66. Comedy venue, ___ Yuk's

Down

1. Soft cheese
2. Welsh actor Mr. Gruffudd
3. 'Ultimate Dinosaurs: Giants from ___' at the Royal Ontario Museum
4. Like permed hair
5. Southern constellation near Telescopium
6. "Gilligan's Island" tree
7. "___ Enchanted" (2004)
8. Tree: Spanish
9. Chantal Kreviazuk's hubby: 2 wds.
10. Superman's city
11. Banned pesticide
12. Hockey great Mr. Sittler
15. Farm pen
17. Car company
21. CBC Radio One host, ___-Yin Lee
23. Meryl Streep movie, "___



Choice" (1982)

25. Carne ___ (Mexican dish)

26. The ___, ___ Seaway

27. Calgary Flames rink

29. Brit's bye-bye

30. Set of three books, for short

32. Crow

34. H.G. Wells people

35. Chatter, variably

39. In a harsh way

41. "Begone!"

42. "Flashdance" (1983) song

47. "Over the Rainbow" co-composer Harold

49. Ms. Seigny

50. Common Market letters

51. Princess Eugenie's sis

52. Canadian figure skater Patrick

53. Ex-Idol judge Ms. DioGuardi

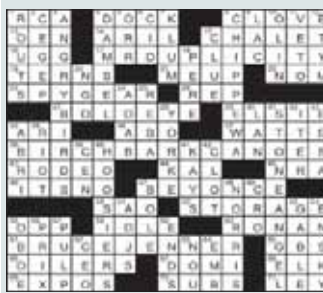
55. Biblical twin

56. Regina's prov.

57. Jr.s' fathers

60. Bill, for short

Yesterday's Crossword

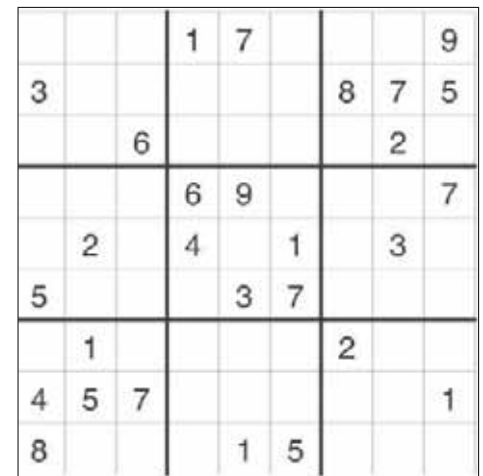


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

4°/0°

Partly cloudy

Wednesday

4°/1°

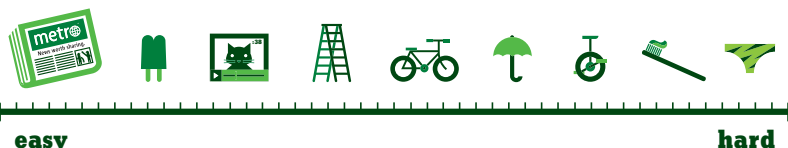
Mainly sunny

Know what the weather will be 14 days from now.

Check the 14 day trend.

©The Weather Network 2013

Sharability



Weather your cold.



For the temporary relief of cough. Always read and follow the label.

We'll all feel better.

A Message from the Vancouver Elementary School Teachers' Association

Dear Parents:

It is time for the Foundation Skills Assessment (FSA) tests again, and teachers across the Province are talking to parents and sharing our reasons for opposing this type of testing.

Our message to parents is:

We don't believe these tests are necessary. The BC School Trustees Association has joined teachers and others in the education community in calling for the end of the FSA in its current form.

The FSA has been a problem from the start. It has been used by the Fraser Institute and other organizations to inaccurately draw conclusions about the quality of schools and the ability of students. If schools do poorly on the test, there is no additional funding, training, support, resources or attention offered to the schools or students.

The FSA:

- **Does not help students learn, or teachers teach.**
- **Takes valuable time away from richer and more meaningful learning.**
- **Results are misused to rank schools and promote privatization.**
- **Data does not provide real help to students, parents, or schools.**

With the public education system again facing enormous cuts to services this testing is a wasteful use of funds. We ask for your support in our efforts to have these tests discontinued or randomized. You can do this by opting your child out of the test and by writing to your MLA. The Vancouver Board of Education respects parental requests to withdraw students from the FSA and has sent parents a notice which includes an opt-out form. Teachers will respect the choices parents make and will support your child whether they write the FSA or not.

Teachers will continue to do the kind of assessment we know is helpful. Effective assessment requires students to use specific skills, apply ideas, and communicate their learning in a variety of ways. The results of this kind of "assessment for learning" are usually communicated in the form of descriptive feedback rather than marks, and focus on goals and progress. We know from research that effective assessment for learning can improve student achievement and help learners become more aware of and engaged in their own learning.

Please contact your child's teacher if you have questions about the FSA or about authentic assessment.

Respectfully,

Vancouver Elementary School Teachers